

# 2017 Over-the-Counter (OTC) Benefit Catalog

*Get Over-the-Counter  
Products Every Quarter.*

*Special Health Plan Benefit with  
**NO COST TO YOU.***

*Information on how to place your OTC  
order can be found on the last page.*



As a member of Ultimate Health Plans, you have an Over-the-Counter (OTC) benefit every quarter. This benefit allows you to get OTC products you may need such as bandages, cold and allergy medicines, pain relievers, and vitamins. Simply call the toll-free number OR fill out and mail the order form provided. Your order will be shipped directly to your door.

Your benefit amount is \$45 every three months. The benefit amount may accumulate from quarter to quarter for a total yearly benefit of \$180. You pay \$0 copay for covered OTC items, medications and products up to the available benefit limit each quarter .

## **Categories**

The Over-the-Counter (OTC) items listed below have been assigned to one of the following categories: **Eligible Over-the-Counter Items or Dual-Purpose OTC Medications and Products**. A detailed description of both categories can be found below.

### **Eligible OTC Items**

– includes medicines or products that alleviate or treat injuries or illness. You do not need to provide a statement from a medical provider or indicate a diagnosis.

### **Remember to Keep this Catalog.**

You will want to reference this catalog each time you place your order.

### **Dual Purpose OTC Medications & Products**

– do not require a letter of medical necessity from a physician, however, Ultimate Health Plans encourages members to have appropriate conversations with their personal provider and have their personal provider orally recommend the OTC item for a specific diagnosable condition prior to purchase.

Item #	Product Description	Packaging	Strength	Price
<b>Allergy, Cold, Flu Decongestant, &amp; Sinus</b>				
1090	All-Day Allergy Tablets *	14 ct	10 mg	\$ 7.00
1361	All-Nite Cold/Flu	6 oz	6.25 mg, 15 mg, 500 mg	\$ 6.00
1426	Children's Dimaphen	4 oz	1 mg / 5 ml, 3 mg / 5 ml	\$ 7.00
1428	Children's Diphenhydramine HCL	4 oz	12.5 mg / 5 ml	\$ 6.00
1008	Chlorpheniramine Maleate	100 ct	4 mg	\$ 8.00
1166	Cough & Cold for High Blood Pressure	16 ct	N/A	\$ 8.00
1056	Cough Drops, Cherry	30 ct	5.8 mg	\$ 2.00
1182	Cough Drops, Sugar Free, Cherry	25 ct	5 gm	\$ 2.00
1054	Cough Syrup, Expectorant	4 oz	100 mg	\$ 6.00
1356	Cromolyn Sodium (Allergy Nasal Spray)	26 ml	N/A	\$14.00
1308	Diphenhist (Antihistamine)	100 ct	25 mg	\$11.00
1009	Diphenhydramine HCL (Antihistamine)	24 ct	25 mg	\$ 5.00
1180	Guaifenesin Cough Expectorant	60 ct	200 mg	\$ 9.00
1178	Mucus Relief DM (Guaifenesin Expectorant & Dextromethorphan Cough Suppressant)	30 ct	400 mg, 20 mg	\$11.00
1357	Multi-Symptom Cold Formula	24 ct	N/A	\$ 9.00
1091	Nasal Decongestant Spray - 12 Hour	1 oz	0.05%	\$ 8.00
1052	Nasal Spray, Saline	1.5 oz	1.00%	\$ 5.00
1176	Sore Throat Lozenges, Cherry	18 ct	N/A	\$ 5.00
1352	Sudogest PE (Nasal & Sinus Decongestant)	36 ct	10 mg	\$ 8.00
1164	Vapor Rub	1 oz	1.3%, 9%	\$ 7.00
<b>Antacids &amp; Acid Reducers</b>				
1313	Alka-Seltzer	36 ct	N/A	\$ 8.00
1006	Antacid / Anti-Gas Liquid	12 oz	N/A	\$ 7.00
1346	Antacid Chewables	150 ct	500 mg	\$ 7.00
1800	Anti-Gas Chewables	100 ct	80 mg	\$10.00
1314	Effervescent Pain Reliever	36 ct	N/A	\$ 5.00
<b>Anticandidal (yeast)</b>				
1115	Clotrimazole Vaginal Cream (with applicator) *	45 gm	1%	\$10.00
1117	Miconazole 3-Day Treatment	1 kit	2%	\$17.00
1119	Tioconazole 1-Day Treatment (with applicator)	1 ct	6.50%	\$19.00
<b>Anti-diarrheal, Laxatives, &amp; Digestive Health</b>				
1316	Beano	30 ct	N/A	\$ 7.00
1128	Bisacodyl	100 ct	5 mg	\$ 8.00
1045	Bismatrol (Bismuth Subsalicylate)	30 ct	262 mg	\$ 5.00
1126	Docusate Sodium	100 ct	100 mg	\$12.00
1733	Enema	4.5 oz	N/A	\$ 5.00
1124	Ex-Lax	8 ct	15 mg	\$ 8.00
1125	Glycerin Suppository	25 ct	2 gm	\$ 6.00
1067	Lactase Capsules	60 ct	9000 FCC units	\$13.00
1133	Loperamide HCL *	12 ct	2 mg	\$ 6.00
1354	Methylcellulose	16 oz	N/A	\$16.00
1011	Milk of Magnesia	12 oz	400 mg	\$ 6.00

Item #	Product Description	Packaging	Strength	Price
1340	Natural Vegetable Laxative	13 oz	N/A	\$10.00
1317	Pepto-Bismol	12 oz	525 mg	\$ 8.00
1318	Pink Bismuth	8 oz	262 mg	\$ 5.00
1012	Polycarbophil Fiber Tablets	90 ct	625 mg	\$11.00
1130	Senna Plus	60 ct	8.6 mg, 50 mg	\$10.00
<b>Anti-fungal &amp; Anti-itch</b>				
1142	Bactine Solution	4 oz	N/A	\$ 9.00
1144	Caldyphen Clear Lotion Local Analgesic	6 oz	1%	\$ 8.00
1047	Clotrim Antifungal Cream	1 oz	1%	\$10.00
1140	Diphenhydramine HCL / Zinc Acetate	1 oz	N/A	\$ 6.00
1074	Hydrocortisone 1% Cream	.5 oz	1%	\$ 6.00
1135	Miconazole 2% Cream	1 oz	2%	\$11.00
1046	Terbinafine HCL Tube	.5 oz	1%	\$10.00
1064	Tolnaftate Cream	1.25 oz	1%	\$10.00
<b>Cold Sore &amp; Medicated Lip Products</b>				
1152	Abreva	2 gm	10%	\$24.00
1153	Herpecin-L Lip Balm	.1 oz	1%	\$ 7.00
1359	Releev Cold Sore Treatment	6 ml	0.13%	\$21.00
<b>Dental &amp; Denture Care</b>				
1455	Dental Floss, 55 yd	1 ct	N/A	\$ 2.00
1032	Denture Cleaning Tablets	40 ct	N/A	\$ 4.00
1187	Fixodent	.75 oz	N/A	\$ 3.00
1751	Interdental Flossups	90 ct	N/A	\$ 8.00
1454	Orajel Pain Relief	7 gm	20%	\$10.00
1286	Oral Pain Relief	.5 oz	20%	\$ 8.00
1324	Polident Denture Cream	3.9 oz	N/A	\$ 6.00
1450	Rechargeable Toothbrush	1 ct	N/A	\$33.00
1412	Toothbrush, Tek Pro, Straight Soft	1 ct	N/A	\$ 3.00
1414	Toothpaste - Pepsodent	6 oz	N/A	\$ 5.00
<b>Diabetes</b>				
1492	Diabetic Sock, Black, Large	1 pair	N/A	\$ 7.00
1491	Diabetic Sock, Black, Medium	1 pair	N/A	\$ 7.00
1490	Diabetic Sock, White, Large	1 pair	N/A	\$ 7.00
1489	Diabetic Sock, White, Medium	1 pair	N/A	\$ 7.00
<b>Ear Care</b>				
1742	Cotton Tipped Swabs	300 ct	N/A	\$ 7.00
1190	Ear Drops	15 ml	6.50%	\$ 8.00
1363	Ear Wax Removal System with Rubber Bulb	15 ml	N/A	\$ 8.00
1192	Artificial Tears Drops	.5 oz	N/A	\$ 6.00
1194	Artificial Tears Ointment	3.5 gm	N/A	\$10.00
1199	Clear Eyes Eye Drops	.2 oz	N/A	\$ 5.00
1061	Eye Drops (Redness Relief)	15 ml	0.05%	\$ 5.00
1196	Eye Wash Solution	4 oz	N/A	\$ 6.00
1468	Multi-Purpose Contact Lens Solution	4 oz	N/A	\$ 6.00

Item #	Product Description	Packaging	Strength	Price
<b>First Aid &amp; Medical Supplies</b>				
1344	<b>Adhesive Bandages *</b>	60 ct	N/A	\$ 5.00
1200	<b>Alcohol Pads *</b>	100 ct	70%	\$ 3.00
1225	<b>Ankle Support</b>	1 ct	N/A	\$12.00
1201	<b>Antiseptic Towelettes</b>	100 ct	N/A	\$ 7.00
1020	<b>Bacitracin Ointment</b>	1 oz	500 U / gm	\$ 7.00
1487	<b>Back Support Elastic - 24" to 46"</b>	1 ct	N/A	\$16.00
1488	<b>Back Support Elastic with Lumbar</b>	1 ct	N/A	\$30.00
1399	<b>Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12) ‡</b>	1 pair	15 - 20 mmHg	\$19.00
1401	<b>Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12) ‡</b>	1 pair	15 - 20 mmHg	\$19.00
1400	<b>Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10) ‡</b>	1 pair	15 - 20 mmHg	\$19.00
1411	<b>Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)</b>	1 pair	8 - 15 mmHg	\$17.00
1410	<b>Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)</b>	1 pair	8 - 15 mmHg	\$15.00
1409	<b>Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)</b>	1 pair	8 - 15 mmHg	\$15.00
1408	<b>Compression Knee High Socks, Women's Nude, Large (Shoe Size 8 - 10.5)</b>	1 pair	8 - 15 mmHg	\$17.00
1407	<b>Compression Knee High Socks, Women's Nude, Medium (Shoe Size 5.5 - 7.5)</b>	1 pair	8 - 15 mmHg	\$15.00
1406	<b>Compression Knee High Socks, Women's Nude, Small (Shoe Size 4 - 5)</b>	1 pair	8 - 15 mmHg	\$15.00
1223	<b>Conforming Gauze Sterile Pads - 3" x 4.1 yd *</b>	12 ct	N/A	\$ 9.00
1732	<b>Cushion, Foam Ring</b>	1 ct	N/A	\$21.00
1466	<b>Cushion, Gel / Foam Seat</b>	1 ct	N/A	\$31.00
1731	<b>Cushion, Lumbar</b>	1 ct	N/A	\$24.00
1207	<b>Elastic Bandage - 2" x 5 yd *</b>	1 ct	N/A	\$ 7.00
1209	<b>Elastic Bandage - 3" x 5 yd *</b>	1 ct	N/A	\$ 8.00
1211	<b>Elastic Bandage - 4" x 5 yd *</b>	1 ct	N/A	\$ 6.00
1213	<b>Elastic Bandage - 6" x 5 yd *</b>	1 ct	N/A	\$ 9.00
1224	<b>Elbow Support</b>	1 ct	N/A	\$13.00
1738	<b>First Aid Kit</b>	175 Pieces	N/A	\$19.00
1215	<b>First Aid Kit, 48 Pieces</b>	1 ct	N/A	\$ 9.00
1726	<b>Folding Cane Ergonomic Handle *</b>	1 ct	N/A	\$25.00
1062	<b>Hot/Cold Pack, 1 small &amp; 1 large</b>	1 ct	N/A	\$11.00
1228	<b>Hydrogen Peroxide</b>	8 oz	3%	\$ 2.00
1796	<b>Insect Repellant Spray (Deet)</b>	4 oz	30%	\$15.00
1229	<b>Isopropyl Alcohol, Wintergreen</b>	16 oz	70%	\$ 4.00
1465	<b>Knee Stabilizer</b>	1 ct	N/A	\$22.00
1483	<b>Knee Support, Elastic, Large</b>	1 ct	N/A	\$13.00
1486	<b>Knee Support, Elastic, Large with Stays</b>	1 ct	N/A	\$15.00
1482	<b>Knee Support, Elastic, Medium</b>	1 ct	N/A	\$13.00
1485	<b>Knee Support, Elastic, Medium with Stays</b>	1 ct	N/A	\$15.00

Item #	Product Description	Packaging	Strength	Price
1481	<b>Knee Support, Elastic, Small</b>	1 ct	N/A	\$13.00
1484	<b>Knee Support, Elastic, Small with Stays</b>	1 ct	N/A	\$15.00
1202	<b>Lantiseptic Skin Protectant Ointment</b>	4 oz	50%	\$ 8.00
1326	<b>Neosporin Plus</b>	.5 oz	N/A	\$ 7.00
1463	<b>Night Wrist Support Smart Glove</b>	1 ct	N/A	\$30.00
1203	<b>Povidone Iodine</b>	4 oz	N/A	\$ 7.00
1457	<b>Rib Belt - Female (one size fits most)</b>	1 ct	N/A	\$21.00
1456	<b>Rib Belt - Male (one size fits most)</b>	1 ct	N/A	\$21.00
1217	<b>Tape, Paper Surgical - 1" x 10 yd *</b>	1 ct	N/A	\$ 4.00
1218	<b>Tape, Paper Surgical - 2" x 10 yd *</b>	1 ct	N/A	\$ 6.00
1219	<b>Tape, Silk Surgical - 1" x 10 yd *</b>	1 ct	N/A	\$ 6.00
1220	<b>Tape, Silk Surgical - 2" x 10 yd *</b>	1 ct	N/A	\$ 7.00
1221	<b>Tape, Transparent Surgical - 1" x 10 yd *</b>	1 ct	N/A	\$ 4.00
1222	<b>Tape, Transparent Surgical - 2" x 10 yd *</b>	1 ct	N/A	\$ 6.00
1063	<b>Thermometer, Digital</b>	1 ct	N/A	\$ 7.00
1285	<b>Thermometer, Digital Ear</b>	1 ct	N/A	\$25.00
1014	<b>Triple Antibiotic Ointment</b>	1 oz	N/A	\$ 9.00
1230	<b>Wrist Splint</b>	1 ct	N/A	\$19.00
1227	<b>Wrist Support</b>	1 ct	N/A	\$14.00
<b>Foot Care</b>				
1238	<b>Callus Remover Pads</b>	6 ct	N/A	\$ 6.00
1236	<b>Corn Remover Pads</b>	9 ct	N/A	\$ 5.00
1240	<b>Medicated Foot Powder</b>	4 oz	N/A	\$ 7.00
<b>Hemorrhoidal Preparations</b>				
1066	<b>Hemorrhoidal Ointment</b>	2 oz	N/A	\$ 9.00
1247	<b>Hemorrhoidal Suppository</b>	12 ct	N/A	\$ 8.00
1364	<b>Pre-moist Hemorrhoid Pads</b>	100 ct	N/A	\$ 8.00
1248	<b>Preparation H Cream</b>	26 gm	N/A	\$ 9.00
<b>Hormone Replacement</b>				
1736	<b>DHEA ‡</b>	100 ct	25 mg	\$13.00
1737	<b>DHEA ‡</b>	50 ct	50 mg	\$12.00
<b>Incontinence Supplies</b>				
1300	<b>A &amp; D Ointment</b>	2 oz	N/A	\$ 5.00
1304	<b>Adult Briefs, Large - 45" to 58" *</b>	12 ct	N/A	\$13.00
1303	<b>Adult Briefs, Medium - 32" to 44" *</b>	12 ct	N/A	\$10.00
1305	<b>Adult Briefs, X-Large - 59" to 64" *</b>	10 ct	N/A	\$14.00
1302	<b>Barrier Cream</b>	4 oz	N/A	\$ 9.00
1479	<b>Bladder Control Liner, Heavy Absorbency *</b>	24 ct	N/A	\$12.00
1480	<b>Bladder Control Liner, Maximum Absorbency *</b>	18 ct	N/A	\$12.00
1478	<b>Bladder Control Liner, Moderate Absorbency *</b>	24 ct	N/A	\$12.00
1026	<b>Disposable Underwear, Large - 44" to 58" *</b>	18 ct	N/A	\$14.00
1021	<b>Disposable Underwear, Medium - 34" to 44" *</b>	20 ct	N/A	\$16.00
1027	<b>Disposable Underwear, X-Large - 58" to 68" *</b>	14 ct	N/A	\$14.00
1476	<b>Underpad, Disposable - 23" x 24" *</b>	50 ct	N/A	\$14.00

\*‡ – see “Helpful Information”

Item #	Product Description	Packaging	Strength	Price
1299	<b>Underpad, Disposable - 23" x 36" *</b>	25 ct	N/A	\$11.00
1477	<b>Underpad, Disposable - 30" x 30" *</b>	10 ct	N/A	\$10.00
1348	<b>Washcloth with Lanolin</b>	64 ct	N/A	\$ 9.00
<b>In-Home Diagnostics</b>				
1253	<b>Automatic Blood Pressure Monitor (Desktop) ‡</b>	1 ct	N/A	\$39.00
1416	<b>Colon Cancer Test Kit ‡</b>	1 ct	N/A	\$16.00
1503	<b>Desktop Talking Blood Pressure Monitor (8.7" to 13.4") ‡</b>	1 ct	N/A	\$39.00
1505	<b>Finger Pulse Oximeter ‡</b>	1 ct	N/A	\$36.00
1251	<b>Home Access Cholesterol Test ‡</b>	2 ct	N/A	\$24.00
1501	<b>Wrist Blood Pressure Monitor ‡</b>	1 ct	N/A	\$21.00
1502	<b>Wrist Talking Blood Pressure Monitor - 9" to 14.6" ‡</b>	1 ct	N/A	\$30.00
<b>Motion Sickness</b>				
1264	<b>Dramamine Chewables, Orange</b>	8 ct	50 mg	\$ 8.00
1263	<b>Driminate</b>	12 ct	50 mg	\$ 6.00
1366	<b>Meclizine</b>	100 ct	12.5 mg	\$ 8.00
<b>Pain Relievers &amp; Fever Reducers</b>				
1001	<b>Acetaminophen</b>	100 ct	325 mg	\$ 7.00
1105	<b>Acetaminophen</b>	50 ct	500 mg	\$ 6.00
1311	<b>Arthritis Pain Reliever</b>	100 ct	650 mg	\$10.00
1096	<b>Aspirin, Enteric Coated</b>	100 ct	325 mg	\$ 7.00
1002	<b>Aspirin. Low Dose</b>	120 ct	81 mg	\$ 7.00
1367	<b>Capsaicin</b>	2 oz	0.025%	\$12.00
1423	<b>Children's Acetaminophen Chewables</b>	30 ct	80 mg	\$ 5.00
1421	<b>Children's Ibuprofen</b>	4 oz	100 mg / 5 ml	\$ 7.00
1004	<b>Ibuprofen</b>	100 ct	200 mg	\$ 9.00
1365	<b>Migraine Relief</b>	100 ct	250, 250, 65mg	\$10.00
1097	<b>Naproxen</b>	100 ct	220 mg	\$10.00
1739	<b>Pain Relief Patches</b>	5/Bx	N/A	\$14.00
1332	<b>Pain Reliever, PM - Extra Strength</b>	100 ct	N/A	\$11.00
1475	<b>Pain Relieving Muscle Rub</b>	2 oz	2.50%	\$ 6.00
1261	<b>Wellpatch Migraine</b>	4 ct	N/A	\$ 6.00
<b>Pediculicide</b>				
1271	<b>Lice Treatment Shampoo</b>	4 oz	N/A	\$11.00
1269	<b>Permethrin Cream Rinse</b>	59 ml	1%	\$11.00
<b>Personal Care</b>				
1076	<b>Acne Gel 10% Benzoyl Peroxide</b>	1.5 oz	10%	\$ 6.00
1070	<b>Aloe Vera Cream</b>	8 oz	N/A	\$ 6.00
1368	<b>Ammonium Lactate *</b>	8 oz	12%	\$10.00
1065	<b>Hand Sanitizer</b>	8 oz	62%	\$ 5.00
1284	<b>Sunscreen Lotion SPF 30</b>	3.5 oz	N/A	\$ 8.00
<b>Sleep Aids</b>				
1725	<b>Nasal Strips, Medium / Large</b>	30 ct	N/A	\$11.00
1724	<b>Nasal Strips, Small / Medium</b>	30 ct	N/A	\$11.00
1276	<b>Sleep Tablets</b>	50 ct	25 mg	\$10.00

Item #	Product Description	Packaging	Strength	Price
<b>Smoking Cessation</b>				
1281	Nicotine Lozenges ‡	72 ct	4 mg	\$39.00
1372	Nicorelief Gum ‡	50 ct	4 mg	\$22.00
1369	Nicotine Patch, Step 1 ‡	14 ct	21 mg / 24 hr	\$36.00
1370	Nicotine Patch, Step 2 ‡	14 ct	14 mg / 24 hr	\$36.00
1371	Nicotine Patch, Step 3 ‡	14 ct	7 mg / 24 hr	\$36.00
<b>Vitamins &amp; Minerals</b>				
1373	Calcium + Vitamin D ‡	60 ct	600 mg / 400 u	\$ 7.00
1291	Calcium Carbonate Tablets ‡	60 ct	600 mg	\$ 5.00
1420	Centrum Silver ‡	60 ct	N/A	\$12.00
1385	Daily Multiple Vitamin Tablets with Minerals ‡	100 ct	N/A	\$11.00
1375	Ferrous Gluconate (Iron Supplement) ‡	100 ct	240 mg	\$ 7.00
1376	Ferrous Sulfate ‡	100 ct	325 mg	\$ 9.00
1741	Fish Oil Tablets	60 ct	1000 mg	\$11.00
1003	Glucosamine / Chondroitin ‡	60 ct	250, 200 mg	\$11.00
1114	Glucosamine Joint / Muscle ‡	60 ct	500 mg	\$ 9.00
1417	Iron ‡	110 ct	27 mg	\$ 8.00
1418	Magnesium ‡	110 ct	250 mg	\$ 6.00
1377	Magnesium Oxide ‡	100 ct	250 mg	\$ 6.00
1378	Niacin ‡	100 ct	100 mg	\$ 5.00
1394	Niacin ‡	100 ct	500 mg	\$10.00
1274	Prenatal Vitamins ‡	100 ct	N/A	\$10.00
1395	Rena-Vite ‡	100 ct	N/A	\$10.00
1379	Vitamin A ‡	100 ct	10 mu	\$ 7.00
1016	Vitamin B-1 ‡	100 ct	100 mg	\$ 7.00
1381	Vitamin B-12 ‡	100 ct	1000 mcg	\$ 8.00
1389	Vitamin B-12 ‡	100 ct	500 mcg	\$ 8.00
1380	Vitamin B-6 ‡	100 ct	50 mg	\$ 7.00
1388	Vitamin B-6 ‡	100 ct	100 mg	\$ 9.00
1382	Vitamin B-Complex ‡	100 ct	N/A	\$10.00
1017	Vitamin C ‡	100 ct	500 mg	\$ 7.00
1392	Vitamin Century Senior ‡	90 ct	N/A	\$10.00
1383	Vitamin D ‡	100 ct	400 iu	\$ 6.00
1390	Vitamin D ‡	100 ct	1000 iu	\$ 8.00
1384	Vitamin E, Soft Gels ‡	100 ct	400 iu	\$10.00
1391	Vitamin E, Soft Gels ‡	100 ct	100 iu	\$ 7.00
1393	Vitamin One-A-Day ‡	100 ct	N/A	\$ 8.00
1419	Zinc Chelated ‡	100 ct	50 mg	\$ 7.00
<b>Wart Remover</b>				
1288	Dr. Scholl's Wart Removal System	18 ct	N/A	\$10.00
1075	Wart Remover, Liquid	9 ml	17%	\$ 9.00
1289	Wartners Wart Removal System	1 ct	N/A	\$13.00
<b>Weight Loss</b>				
1734	Stress Formula Tablets with Zinc ‡	60 ct	N/A	\$12.00
1735	Vitafusion Fiber Weight Management ‡	90 ct	N/A	\$16.00

# HELPFUL INFORMATION

- If you have questions or would like to place an order over the phone, OTC Advocates are available Monday – Friday from 8:00am to 8:00pm EST at 1-855-422-0039 (TTY: 711).
- Your benefit amount is \$45 every three months. The benefit amount may accumulate from quarter to quarter for a total yearly benefit of \$180. You pay \$0 copay for covered OTC items, medications and products up to the available benefit limit each quarter.
- If you place your order using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on June 29th, but we receive it on July 1st, your order total will be applied to your July (or third quarter) benefit, not your June (or second quarter) benefit.
- **If you're getting close to the end of the quarter and you do not think your order form will be received in time, you can call in your order.**
- We encourage you to use your full quarterly benefit amount in one order.
- Cash, checks or money orders are not accepted under this OTC benefit.
- Orders may only be placed by the member, an authorized representative verbally approved by the member at time of the order, and/or the member's power of attorney representative on file.
- To use your benefit, you must select products from this catalog that will help you with a health or medical need. Your order total may not exceed your benefit amount. OTC products are intended for member's use only. Ultimate Health Plans prohibits the use of this benefit to order OTC items for family members and friends. OTC items are available through mail-order only.
- Once your order is received, please allow 7 - 10 business days for delivery.
- Products may not be purchased at a local retail pharmacy or through any other source other than the Ultimate Health Plans Benefit Catalog.
- If you disenroll from Ultimate Health Plans, your OTC benefit will automatically terminate.
- Returns are not accepted. If an item is damaged during shipping, it will be exchanged for an identical item, at no cost, within 30 days of purchase.
- Items in the 2017 OTC Benefit Catalog may change throughout the year. A copy of this catalog is also available on the Ultimate Health Plans website at [www.chooseultimate.com](http://www.chooseultimate.com). For up-to-date information, please call our OTC Advocates Monday - Friday 8:00am to 8:00pm EST at 1-855- 422-0039 (TTY:711).

*Ultimate Health Plans is an HMO with a Medicare contract. Enrollment in Ultimate Health Plans depends on contract renewal. Limitations, co-payments and restrictions may apply. Benefits may change on January 1 of each year. This information is not a complete description of benefits. Contact the plan for more information.*

*Discrimination is Against the Law. Ultimate Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 1-888-657-4170 (TTY: 711). ATANSYON: Si wale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. 1-888-657-4170 (TTY: 711).*

*\*May also be covered under your Medicare Part B (medical) benefit or Part D (pharmacy) benefit. For example, alcohol pads are covered under Part D if they are used for administering insulin. For all other purposes, this item is covered under your OTC benefit. Contact the plan for more information.*

*‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.*



