

ULTIMATE HEALTH PLANS

CLINICAL PRACTICE AND PREVENTIVE HEALTH GUIDELINES

Disease Process	Guidelines
Diabetes	American Diabetes Association - Standards of Medical Care in Diabetes - 2017 http://care.diabetesjournals.org/content/diacare/suppl/2016/12/15/40.Supplement_1.DC1/DC_40_S1_final.pdf
Asthma	National Asthma Education and Prevention Program Expert Panel Report 3, Guidelines for the Diagnosis and Management of Asthma; Summary Report 2007 http://www.nhlbi.nih.gov/guidelines/asthma/asthsumm.pdf Asthma Care Quick Reference: Diagnosis and Managing Asthma Rev September 2012 https://www.nhlbi.nih.gov/files/docs/guidelines/asthma_qrg.pdf
Congestive Heart Failure	2017 ACC/AHA/HFSA Focused Update of 2013 ACCF/AHA Guideline for the Management of Heart Failure http://www.onlinejacc.org/content/early/2017/04/20/j.jacc.2017.04.025
Chronic Obstructive Pulmonary Disease	Global Initiative for Chronic Obstructive Lung Disease; Global Strategy for Diagnosis, Management, and Prevention of COPD - 2016 (updated December 2015) http://goldcopd.org/gold-reports/
Cardiovascular Disease	2012 ACCF/AHA Focused Update of the Guideline for the Management of Patients with Non-ST Elevation Myocardial Infarct/Unstable Angina – (Updating the 2007 Guideline and Replacing the 2011 Focused Update) http://content.onlinejacc.org/article.aspx?articleid=1217906
Cardiovascular Disease: Cholesterol	2013 ACC/AHA Guideline on the Treatment of Blood Cholesterol to Reduce Atherosclerotic Cardiovascular Risk in Adults http://circ.ahajournals.org/content/early/2013/11/11/01.cir.0000437738.63853.7a AHA/ACCF Secondary Prevention and Risk Reduction Therapy for Patients With Coronary and Other Atherosclerotic Vascular Disease: 2011 Update http://circ.ahajournals.org/content/early/2011/11/01/CIR.0b013e318235eb4d
Preventive Health	The Guide to Clinical Preventive Services: Recommendations of the U.S. Preventive Services Task Force https://www.uspreventiveservicestaskforce.org/Page/Name/uspstf-a-and-b-recommendations/ Recommended Immunization Schedule for Adults Ages 19 Years or Older, United States, 2017 https://www.cdc.gov/vaccines/schedules/downloads/adult/adult-combined-schedule.pdf Medicare Preventive Services – Quick Reference Information https://www.cms.gov/Medicare/Prevention/PrevntionGenInfo/medicare-preventive-services/MPS-QuickReferenceChart-1.html