

# 2019

## Over-the-Counter (OTC) Benefit Catalog



Good health is where you live.



**Get Over-the-Counter  
Products Every Quarter.**

**Special Health Plan Benefit  
with no cost to you.**

*Information  
on how to place your  
OTC order can be found  
on the last page.*

As a member of Ultimate Health Plans, you have an Over-the-Counter (OTC) benefit every quarter. This benefit allows you to get OTC products you may need such as bandages, cold and allergy medicines, pain relievers, and vitamins. Simply call the toll-free number OR fill out and mail the order form provided. Your order will be shipped directly to your door.

Your benefit allows \$105 every three months for a total yearly benefit of \$420. The benefit amount does not roll over from quarter to quarter. You pay \$0 copay for covered OTC items, medications and products up to the available benefit limit each quarter. Our plan even covers the cost of mailing the items to you!

### **Categories**

The Over-the-Counter (OTC) items listed below have been assigned to one of the following categories: **Eligible Over-the-Counter Items or Dual-Purpose OTC Medications and Products**. A detailed description of both categories can be found on the right.

### **Eligible OTC Items**

– includes medicines or products that alleviate or treat injuries or illness. You do not need to provide a statement from a medical provider or indicate a diagnosis.

### **Dual Purpose OTC Medications & Products**

– do not require a letter of medical necessity from a physician, however, Ultimate Health Plans encourages members to have appropriate conversations with their personal provider and have their personal provider orally recommend the OTC item for a specific diagnosable condition prior to purchase.

### **Remember to Keep this Catalog.**

You will want to reference this catalog each time you place your order.

Item #	Product	Packaging	Strength	Price
<b>Allergy, Cold, Flu, Decongestant &amp; Sinus</b>				
<b>1946</b>	Allergy Relief Nasal Spray, 24-hr, Fluticasone Propionate	120 spray	50 mcg	<b>\$24.00</b>
<b>1361</b>	All-Nite Cold/Flu	4 oz	12.5 mg, 30 mg, 650 mg	<b>\$5.50</b>
<b>1360</b>	Cepacol Sore Throat Lozenges	16 ct	-	<b>\$7.00</b>
<b>1090</b>	Cetirizine HCL Allergy Relief	14 ct	10 mg	<b>\$5.50</b>
<b>1426</b>	Children's Dimaphen	4 oz	1 mg / 5 ml, 3 mg / 5 ml	<b>\$6.50</b>
<b>1428</b>	Children's Diphenhydramine HCL	4 oz	12.5 mg / 5 ml	<b>\$5.50</b>
<b>1008</b>	Chlorpheniramine Maleate Antihistamine	100 ct	4 mg	<b>\$5.50</b>
<b>1166</b>	Cough & Cold for High Blood Pressure	16 ct	-	<b>\$6.50</b>
<b>1056</b>	Cough Drops, Cherry	30 ct	5.8 mg	<b>\$2.00</b>
<b>1182</b>	Cough Drops, Sugar Free, Cherry	25 ct	5.8 mg	<b>\$2.00</b>
<b>1054</b>	Cough Syrup, Expectorant	4 oz	200 mg / 10 ml	<b>\$5.50</b>
<b>1356</b>	Cromolyn Sodium Allergy Nasal Spray	26 ml	-	<b>\$13.00</b>
<b>1323</b>	Diabetic Tussin DM	4 oz	-	<b>\$9.50</b>
<b>1009</b>	Diphenhydramine Antihistamine	24 ct	25 mg	<b>\$5.00</b>
<b>1308</b>	Diphenhydramine Antihistamine	100 ct	25 mg	<b>\$6.00</b>
<b>1180</b>	Guaifenesin Cough Expectorant	60 ct	200 mg	<b>\$8.50</b>
<b>1611</b>	Loratadine Allergy Relief	100 ct	10 mg	<b>\$15.00</b>
<b>1178</b>	Mucus Relief DM Expectorant & Cough Suppressant	30 ct	400 mg, 20 mg	<b>\$7.00</b>
<b>1965</b>	Mucus Relief DM Expectorant & Cough Suppressant, Extended Release	14 ct	1,200 mg, 60 mg	<b>\$16.00</b>
<b>1357</b>	Multi-Symptom Cold Formula	24 ct	10 mg, 5 mg, 325 mg	<b>\$6.50</b>
<b>1091</b>	Nasal Decongestant Spray, 12 Hour	1 oz	0.05%	<b>\$5.00</b>
<b>1052</b>	Nasal Spray, Saline	1.5 oz	0.65%	<b>\$5.00</b>
<b>1792</b>	Personal Steam Inhaler	1 ct	-	<b>\$46.00</b>
<b>1176</b>	Sore Throat Lozenges, Cherry	18 ct	-	<b>\$5.00</b>
<b>1904</b>	Sore Throat Spray, Cherry	6 oz	-	<b>\$8.00</b>
<b>1352</b>	Sudogest PE Nasal & Sinus Decongestant	36 ct	10 mg	<b>\$5.50</b>
<b>1164</b>	Vapor Rub	3.5 oz	4.7%, 1%	<b>\$7.00</b>

Item #	Product	Packaging	Strength	Price
<b>Antacids &amp; Acid Reducers</b>				
1313	Alka-Seltzer	36 ct	-	\$8.00
1006	Antacid / Anti-Gas Liquid	12 oz	-	\$6.50
1346	Antacid Chewables	150 ct	500 mg	\$6.00
1314	Effervescent Pain Reliever	36 ct	-	\$5.00
1800	Simethicone Anti-Gas Chewables	100 ct	80 mg	\$6.00
<b>Anticandidal (yeast)</b>				
1119	Tioconazole 1-Day Treatment Vaginal Cream (with applicator)	1 ct	6.5%	\$17.00
<b>Anti-diarrheal, Laxatives &amp; Digestive Health</b>				
1316	Beano	30 ct	-	\$7.00
1128	Bisacodyl Enteric Coated Laxative	100 ct	5 mg	\$6.00
1045	Bismatrol Chewable Tablets	30 ct	262 mg	\$5.00
1969	ClearLax Unflavored Powder	8.3 oz	17 g	\$13.50
1126	Docusate Sodium Stool Softener	100 ct	100 mg	\$7.00
1733	Enema	4.5 oz	-	\$5.00
1124	Ex-Lax	8 ct	15 mg	\$6.50
1125	Glycerin Suppository	25 ct	2 gm	\$6.00
1067	Lactase Capsules	60 ct	9000 FCC Units	\$9.00
1354	Methylcellulose Fiber Therapy	16 oz	-	\$11.50
1011	Milk of Magnesia	12 oz	400 mg	\$5.50
1340	Natural Vegetable Laxative	13 oz	-	\$9.00
1967	Natural Vegetable Laxative	30.4 oz	-	\$16.00
1968	Natural Vegetable Laxative, Sugar free	15 oz	-	\$13.00
1317	Pepto-Bismol Cherry	12 oz	525 mg / 30 ml	\$8.00
1318	Pink Bismuth	8 oz	525 mg / 30 ml	\$5.00
1012	Polycarbophil Fiber Tablets	90 ct	625 mg	\$9.50
1130	Senna Plus Stool Softener Plus Laxative	60 ct	8.6 mg, 50 mg	\$6.00
<b>Anti-fungal &amp; Anti-itch</b>				
1142	Bactine Solution	4 oz	-	\$9.00
1144	Caldyphen Clear Lotion Local Analgesic	6 oz	1%	\$7.00
1140	Diphenhydramine HCL / Zinc Acetate Anti-Itch Cream	1 oz	-	\$5.00
1874	Medicated Antifungal Foot Powder Spray	4.6 oz	-	\$10.50

Item #	Product	Packaging	Strength	Price
1135	Miconazole Nitrate 2% Antifungal Cream	1 oz	2%	\$6.50
1046	Terbinafine HCL Antifungal Cream	.5 oz	1%	\$10.00
1064	Tolnaftate Antifungal Cream	1.25 oz	1%	\$5.50
<b>Cold Sore &amp; Medicated Lip Products</b>				
1152	Abreva	2 gm	10%	\$24.00
1256	Blistex Lip Ointment	6 gm	-	\$5.50
1153	Herpecin-L Lip Balm	.1 oz	1%	\$7.00
1359	Releev Cold Sore Treatment	6 ml	0.13%	\$21.00
<b>Dental &amp; Denture Care</b>				
1817	Biotene Dry Mouth Oral Rinse	16 oz	-	\$14.00
1747	Denture Brush	1 ct	-	\$6.00
1032	Denture Cleaning Tablets	40 ct	-	\$4.00
1843	Effergrip Denture Cream Adhesive	2.5 oz	-	\$9.00
1187	Fixodent	.75 oz	-	\$3.00
1751	Interdental Flossups	90 ct	-	\$5.50
1454	Orajel Pain Relief	7 gm	20%	\$10.00
1286	Oral Pain Relief	.5 oz	20%	\$5.50
1324	Polident Denture Cream	3.9 oz	-	\$6.00
1455	Reach Waxed Dental Floss - Mint	55 yd	-	\$2.00
1413	Toothbrush, Colgate, Adult Soft	1 ct	-	\$5.00
1894	Toothbrush, Professional Care Electronic	1 ct	-	\$80.00
1450	Toothbrush, Rechargeable	1 ct	-	\$33.00
1948	Toothbrush, Soft 2-pack	2 ct	-	\$6.50
1412	Toothbrush, Tek Pro, Angled Soft	1 ct	-	\$3.00
1414	Toothpaste, Pepsodent	5.5 oz	-	\$5.00
1903	Toothpaste, Sensitive Teeth	4.3 oz	-	\$6.00
1744	Water Jet	1 ct	-	\$40.00
1743	Water Jet Replacement Tips	5 ct	-	\$17.00
<b>Diabetes</b>				
1956	Diabetic Socks, Black, Medium 3-pack	3 pair	-	\$9.00
1957	Diabetic Socks, Black, Large 3-pack	3 pair	-	\$9.00
1958	Diabetic Socks, Black, X-Large 3-pack	3 pair	-	\$9.00
1953	Diabetic Socks, White, Medium 3-pack	3 pair	-	\$9.00

Item #	Product	Packaging	Strength	Price
1954	Diabetic Socks, White, Large 3-pack	3 pair	-	\$9.00
1955	Diabetic Socks, White, X-Large 3-pack	3 pair	-	\$9.00
1959	Ultra Soft Padded Diabetic Sock, Black, Medium 2-pack	2 pair	-	\$11.00
1960	Ultra Soft Padded Diabetic Sock, Black, Large 2-pack	2 pair	-	\$11.00
1961	Ultra Soft Padded Diabetic Sock, Black, X-Large 2-pack	2 pair	-	\$11.00
1962	Ultra Soft Padded Diabetic Sock, White, Medium 2-pack	2 pair	-	\$11.00
1963	Ultra Soft Padded Diabetic Sock, White, Large 2-pack	2 pair	-	\$11.00
1964	Ultra Soft Padded Diabetic Sock, White, X-Large 2-pack	2 pair	-	\$11.00
<b>Ear Care</b>				
1742	Cotton Tipped Swabs	300 ct	-	\$5.50
1190	Ear Wax Removal Drops	15 ml	6.5%	\$5.50
1363	Ear Wax Removal System with Rubber Bulb	15 ml	6.5%	\$7.50
<b>Eye Care</b>				
1192	Artificial Tears Drops	.5 oz	-	\$5.00
1194	Artificial Tears Ointment	3.5 gm	-	\$7.00
1199	Clear Eyes Eye Drops	.2 oz	-	\$5.00
1196	Eye Wash Solution	4 oz	-	\$6.00
1468	Multi-Purpose Contact Lens Solution	4 oz	-	\$6.00
1061	Redness Relief Eye Drops	15 ml	0.05%	\$5.00
1905	Stye Eye Compress	1 ct	-	\$13.00
1906	Stye Eye Ointment	3.5 gm	-	\$13.00
<b>First Aid &amp; Medical Supplies</b>				
1344	Adhesive Bandages *	60 ct	-	\$5.00
1764	Adjustable Transfer Bench	1 ct	-	\$80.00
1200	Alcohol Pads *	100 ct	70%	\$3.00
1201	Antiseptic Towelettes	100 ct	-	\$6.50
1728	Bath Bench with Back	1 ct	-	\$55.00
1727	Bath Bench without Back	1 ct	-	\$45.00
1459	Bath Mat, Non-Skid	1 ct	-	\$15.00

Item #	Product	Packaging	Strength	Price
1730	Bath Tub Safety Rail	1 ct	-	\$37.00
1984	Bedside Commode *	1 ct	-	\$75.00
1223	Conforming Stretch Gauze Sterile Bandages - 3" x 4.1 yd *	12 ct	-	\$6.50
1763	Cotton Balls	200 ct	-	\$5.00
1732	Cushion, Foam Ring	1 ct	-	\$20.00
1466	Cushion, Gel / Foam Seat	1 ct	-	\$28.00
1731	Cushion, Lumbar	1 ct	-	\$20.00
1207	Elastic Bandage - 2" x 4.5 yd *	1 ct	-	\$5.00
1209	Elastic Bandage - 3" x 5 yd *	1 ct	-	\$5.00
1211	Elastic Bandage - 4" x 5 yd *	1 ct	-	\$5.00
1213	Elastic Bandage - 6" x 5 yd *	1 ct	-	\$5.00
1947	First Aid Kit, 20 piece	1 ct	-	\$7.00
1215	First Aid Kit, 75 Pieces	1 ct	-	\$9.00
1738	First Aid Kit, 175 Pieces	1 ct	-	\$15.00
1726	Folding Cane Ergonomic Handle	1 ct	-	\$20.00
1062	Hot/Cold Pack, 1 small & 1 large	1 ct	-	\$6.50
1795	Humidifier, Ultra-Sonic Cool Mist	1 ct	-	\$45.00
1228	Hydrogen Peroxide	16 oz	3%	\$2.00
1761	Ice Bag - 9"	1 ct	-	\$9.00
1796	Insect Repellant Spray - Deet	4 oz	30%	\$10.00
1229	Isopropyl Alcohol, Wintergreen	16 oz	70%	\$4.00
1798	Knurled Chrome Grab Bar - 12"	1 ct	-	\$19.00
1797	Knurled Chrome Grab Bar - 24"	1 ct	-	\$22.00
1202	Lantiseptic Skin Protectant Ointment	4 oz	50%	\$8.00
1326	Neosporin Plus	.5 oz	-	\$7.00
1840	Nitrile Exam Gloves	100 ct	-	\$12.00
1762	Pain Relief Mask	1 ct	-	\$9.00
1203	Povidone Iodine Solution Antiseptic	4 oz	-	\$6.00
1777	Quad Cane, Small Base *	1 ct	-	\$25.00
1776	Quad Cane, Large Base *	1 ct	-	\$28.00
1729	Raised Toilet Seat	1 ct	-	\$35.00
1950	Raised toilet seat with arms	1 ct	-	\$65.00

Item #	Product	Packaging	Strength	Price
1460	Shower Mat, Non-Skid	1 ct	-	\$17.00
1217	Tape, Paper Surgical - 1" x 10 yd *	1 ct	-	\$4.00
1218	Tape, Paper Surgical - 2" x 10 yd *	1 ct	-	\$5.00
1219	Tape, Silk Surgical - 1" x 10 yd *	1 ct	-	\$5.00
1220	Tape, Silk Surgical - 2" x 10 yd *	1 ct	-	\$6.00
1221	Tape, Transparent Surgical - 1" x 10 yd *	1 ct	-	\$4.00
1222	Tape, Transparent Surgical - 2" x 10 yd *	1 ct	-	\$5.50
1752	Thermometer Probe Covers	30 ct	-	\$8.00
1063	Thermometer, Digital 60 seconds	1 ct	-	\$5.50
1285	Thermometer, Digital Ear	1 ct	-	\$20.50
1697	Thermometer, Flexible Tip, Digital 10 seconds	1 ct	-	\$12.00
1925	Thermometer, Talking Ear and Forehead	1 ct	-	\$50.00
1779	Toilet Safety Rails	1 set	-	\$50.00
1014	Triple Antibiotic Ointment	1 oz	-	\$6.00
1781	Warm or Cold Water Bottle, Rubber Latex	1 ct	-	\$10.00
<b>Foot Care</b>				
1238	Callus Remover Pads	6 ct	-	\$6.00
1236	Corn Remover Pads	9 ct	-	\$5.00
1240	Medicated Foot Powder	5 oz	-	\$6.50
<b>Hemorrhoidal Preparations</b>				
1066	Hemorrhoidal Ointment	2 oz	-	\$7.00
1247	Hemorrhoidal Suppository	12 ct	-	\$6.00
1364	Pre-moist Hemorrhoid Pads	100 ct	-	\$7.50
1248	Preparation H Cream	26 gm	-	\$9.00
<b>Hormone Replacement</b>				
1737	DHEA ‡	50 ct	50 mg	\$10.50
<b>Incontinence Supplies</b>				
1300	A & D Ointment	2 oz	-	\$5.00
1303	Adult Briefs, Medium - 32" to 44"	12 ct	-	\$10.00
1304	Adult Briefs, Large - 45" to 58"	12 ct	-	\$13.00
1305	Adult Briefs, X-Large - 59" to 64"	15 ct	-	\$14.00
1811	Attends Discreet Men's Guard	20 ct	-	\$14.00
1810	Attends Discreet Men's Shield	20 ct	-	\$15.00

Item #	Product	Packaging	Strength	Price
1813	Attends Discreet Women's Moderate Bladder Control Pad	20 ct	-	\$18.00
1812	Attends Discreet Women's Maximum Bladder Control Pad	20 ct	-	\$20.00
1814	Attends Discreet Women's Ultimate Bladder Control Pad	20 ct	-	\$20.00
1815	Attends Discreet Women's Panty Liner	28 ct	-	\$14.00
1816	Attends Discreet Women's Ultrathin Pad	20 ct	-	\$14.00
1302	Barrier Cream	4 oz	-	\$9.00
1478	Bladder Control Shaped Pad, Moderate Absorbency	24 ct	-	\$12.00
1479	Bladder Control Shaped Pad, Heavy Absorbency	24 ct	-	\$12.00
1480	Bladder Control Shaped Pad, Maximum Absorbency	18 ct	-	\$12.00
1021	Disposable Underwear, Medium - 34" to 44"	20 ct	-	\$16.00
1026	Disposable Underwear, Large - 44" to 58"	18 ct	-	\$14.00
1027	Disposable Underwear, X-Large - 58" to 68"	14 ct	-	\$14.00
1928	Flushable Wipes	24 ct	-	\$8.00
1476	Underpad, Disposable - 23" x 24"	50 ct	-	\$13.00
1299	Underpad, Disposable - 23" x 36"	25 ct	-	\$10.00
1477	Underpad, Disposable - 30" x 30"	10 ct	-	\$9.00
1348	Washcloth with Lanolin	64 ct	-	\$7.50
<b>In-Home Diagnostics</b>				
1935	Bathroom Scale ‡§	1 ct	-	\$35.00
1253	Blood Pressure Monitor, Desktop Automatic ‡	1 ct	-	\$35.00
1503	Blood Pressure Monitor, Desktop Talking ‡	1 ct	-	\$37.00
1501	Blood Pressure Monitor, Wrist ‡	1 ct	-	\$18.50
1502	Blood Pressure Monitor, Wrist Talking ‡	1 ct	-	\$27.00
1416	EZ Detect Colon Cancer Test Kit ‡	1 ct	-	\$16.00
1505	Finger Pulse Oximeter ‡	1 ct	-	\$34.00
1771	Heart Rate Monitor Watch ‡	1 ct	-	\$40.00
1251	Home Access Cholesterol Test ‡	1 kit	-	\$24.00
1789	Peak Flow Meter ‡	1 ct	-	\$16.00
<b>Motion Sickness</b>				
1264	Dramamine Chewables, Orange	8 ct	50 mg	\$7.50



Item #	Product	Packaging	Strength	Price
1263	Driminate Antiemetic	12 ct	50 mg	\$5.50
<b>Pain Relievers &amp; Fever Reducers</b>				
1001	Acetaminophen	100 ct	325 mg	\$5.00
1105	Acetaminophen	50 ct	500 mg	\$5.50
1600	Acetaminophen	100 ct	500 mg	\$8.00
1311	Arthritis Pain Reliever	100 ct	650 mg	\$10.00
1095	Aspirin	100 ct	325 mg	\$5.00
1096	Aspirin, Enteric Coated	100 ct	325 mg	\$5.50
1002	Aspirin, Enteric Coated, Low Dose	120 ct	81 mg	\$5.50
1802	Aspirin, Low Dose, Chewables	36 ct	81 mg	\$6.00
1367	Capsaicin External Analgesic	2 oz	0.025%	\$8.50
1423	Children's Acetaminophen Chewables	30 ct	80 mg	\$5.00
1421	Children's Ibuprofen	4 oz	100 mg / 5 ml	\$7.00
1944	Cold/Hot Menthol Medicated Patch	5 ct	5%	\$10.00
1861	Heating Pad, 12" X 15"	1 ct	-	\$26.00
1942	Heating Pad, X-Large, 12" x 24"	1 ct	-	\$35.00
1943	Heating Pad Wrap For Shoulder, Neck, and Back, 25" x 26"	1 ct	-	\$55.00
1859	HeatWraps - Back & Hip	2 ct	-	\$11.50
1860	HeatWraps - Neck, Shoulder, & Wrist	3 ct	-	\$11.50
1004	Ibuprofen	100 ct	200 mg	\$6.00
1871	Lidocaine Patch	5 ct	4%	\$17.00
1257	Menstrual Relief	24 ct	-	\$7.00
1365	Migraine Relief	100 ct	250 mg, 250 mg, 65 mg	\$6.50
1097	Naproxen	100 ct	220 mg	\$9.00
1332	Pain Reliever, PM - Extra Strength	100 ct	500 mg, 25 mg	\$9.50
1475	Pain Relieving Muscle Rub	2 oz	2.5%	\$5.00
1739	Salonpas Pain Relief Patches	5 ct	-	\$11.50
1261	Wellpatch Migraine	4 ct	-	\$6.00
<b>Pediculicide (lice treatment)</b>				
1271	Lice Treatment Shampoo	4 oz	-	\$9.50
1269	Permethrin Lice Treatment	59 ml	1%	\$11.00

Item #	Product	Packaging	Strength	Price
<b>Personal Care</b>				
1076	Acne Gel 10% Benzoyl Peroxide	1.5 oz	10%	\$6.00
1065	Hand Sanitizer	8 oz	-	\$5.00
<b>Sleep Aids</b>				
1724	Nasal Strips, Medium	30 ct	-	\$11.00
1725	Nasal Strips, Large	30 ct	-	\$11.00
1276	Sleep Tablets	50 ct	25 mg	\$5.50
<b>Smoking Cessation</b>				
1372	Nicorelief Gum	50 ct	4 mg	\$20.00
1281	Nicotine Lozenges	72 ct	4 mg	\$39.00
1369	Nicotine Patch, Step 1	14 ct	21 mg / 24 hr	\$36.00
1370	Nicotine Patch, Step 2	14 ct	14 mg / 24 hr	\$36.00
1371	Nicotine Patch, Step 3	14 ct	7 mg / 24 hr	\$36.00
<b>Supportive Items</b>				
1225	Ankle Support	1 ct	-	\$11.00
1487	Back Support Elastic - 24" to 46"	1 ct	-	\$16.00
1488	Back Support Elastic with Lumbar	1 ct	-	\$28.00
1770	Carpal Tunnel Brace, Small	1 ct	-	\$24.00
1769	Carpal Tunnel Brace, Medium	1 ct	-	\$24.00
1768	Carpal Tunnel Brace, Large	1 ct	-	\$24.00
1398	Compression Knee High Socks, Men's Black, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$17.00
1399	Compression Knee High Socks, Men's Black, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$17.00
1400	Compression Knee High Socks, Men's White, Medium (Shoe Size 8 - 10) ‡	1 pair	15 - 20 mmHg	\$17.00
1401	Compression Knee High Socks, Men's White, Large (Shoe Size 10.5 - 12) ‡	1 pair	15 - 20 mmHg	\$17.00
1409	Compression Knee High Socks, Women's Black, Small (Shoe Size 4-5)	1 pair	8 - 15 mmHg	\$15.00
1410	Compression Knee High Socks, Women's Black, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$15.00
1411	Compression Knee High Socks, Women's Black, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$15.00
1406	Compression Knee High Socks, Women's Nude, Small (Shoe Size 4 - 5)	1 pair	8 - 15 mmHg	\$15.00

Item #	Product	Packaging	Strength	Price
1407	Compression Knee High Socks, Women's Nude, Medium (Shoe Size 5.5 - 7.5)	1 pair	8 - 15 mmHg	\$15.00
1408	Compression Knee High Socks, Women's Nude, Large (Shoe Size 8 - 10.5)	1 pair	8 - 15 mmHg	\$15.00
1760	Deluxe Criss Cross Back Support, Small - 28" to 32"	1 ct	-	\$21.00
1759	Deluxe Criss Cross Back Support, Medium - 33" to 37"	1 ct	-	\$21.00
1758	Deluxe Criss Cross Back Support, Large - 38" to 42"	1 ct	-	\$21.00
1224	Elbow Support	1 ct	-	\$13.00
1862	Hip Protector, Small	1 ct	-	\$37.00
1863	Hip Protector, Medium	1 ct	-	\$37.00
1864	Hip Protector, Large	1 ct	-	\$37.00
1865	Hip Protector, X-Large	1 ct	-	\$37.00
1465	Knee Stabilizer	1 ct	-	\$21.00
1481	Knee Support, Elastic, Small	1 ct	-	\$10.00
1482	Knee Support, Elastic, Medium	1 ct	-	\$10.00
1483	Knee Support, Elastic, Large	1 ct	-	\$10.00
1484	Knee Support, Elastic, Small with Stays	1 ct	-	\$14.50
1485	Knee Support, Elastic, Medium with Stays	1 ct	-	\$14.50
1486	Knee Support, Elastic, Large with Stays	1 ct	-	\$14.50
1463	Night Wrist Support Smart Glove	1 ct	-	\$28.00
1457	Rib Belt - Female (one size fits most)	1 ct	-	\$21.00
1456	Rib Belt - Male (one size fits most)	1 ct	-	\$21.00
1778	Thumb Brace	1 ct	-	\$18.00
1230	Wrist Splint	1 ct	-	\$17.00
1227	Wrist Support	1 ct	-	\$12.00
<b>Therapeutic Skin &amp; Sun Care</b>				
1821	Calamine Lotion	6 oz	-	\$7.00
1284	Sunscreen Lotion SPF 30	3.5 oz	-	\$5.50
<b>Vitamins &amp; Minerals</b>				
1820	Biotin Gummy ‡	60 ct	5,000 mcg	\$13.00
1373	Calcium + Vitamin D ‡	60 ct	600 mg / 400 IU	\$5.50
1291	Calcium Carbonate Supplement Tablets ‡	60 ct	600 mg	\$5.00

Item #	Product	Packaging	Strength	Price
1945	Calcium Chew, Chocolate ‡	60 ct	500 mg, 1000 IU	\$10.00
1420	Centrum Silver Chewables ‡	60 ct	-	\$12.00
1829	Coenzyme Q-10 ‡	30 ct	50 mg	\$12.00
1385	Daily Multiple Vitamin Tablets with Minerals ‡	100 ct	-	\$6.00
1393	Daily Multivitamin ‡	100 ct	-	\$6.00
1375	Ferrous Gluconate Iron Supplement ‡	100 ct	240 mg	\$7.00
1376	Ferrous Sulfate Iron Supplement ‡	100 ct	325 mg	\$5.50
1741	Fish Oil, Soft Gels ‡	60 ct	1000 mg	\$7.50
1850	Folic Acid ‡	100 ct	800 mcg	\$7.00
1003	Glucosamine / Chondroitin ‡	60 ct	250 mg, 200 mg	\$9.50
1114	Glucosamine Joint / Muscle ‡	60 ct	500 mg	\$8.50
1417	Iron ‡	110 ct	27 mg	\$7.00
1418	Magnesium ‡	110 ct	250 mg	\$6.00
1377	Magnesium Oxide ‡	100 ct	250 mg	\$6.00
1879	Melatonin ‡	100 ct	5 mg	\$12.00
1378	Niacin ‡	100 ct	100 mg	\$5.00
1394	Niacin ‡	100 ct	500 mg	\$6.50
1930	Niacin, No Flush ‡	60 ct	500 mg	\$11.00
1886	One Daily Men's Multivitamin ‡	100 ct	-	\$10.00
1887	One Daily Women's Multivitamin ‡	100 ct	-	\$10.00
1274	Prenatal Vitamins ‡	100 ct	-	\$8.00
1395	Rena-Vite ‡	100 ct	-	\$10.00
1392	Senior Multivitamin ‡	90 ct	-	\$8.00
1734	Stress Formula Tablets with Zinc ‡	60 ct	-	\$7.50
1379	Vitamin A ‡	100 ct	10,000 iu	\$6.50
1016	Vitamin B-1 ‡	100 ct	100 mg	\$5.50
1389	Vitamin B-12 ‡	100 ct	500 mcg	\$6.00
1381	Vitamin B-12 ‡	100 ct	1000 mcg	\$7.50
1380	Vitamin B-6 ‡	100 ct	50 mg	\$6.00
1388	Vitamin B-6 ‡	100 ct	100 mg	\$6.50
1382	Vitamin B-Complex ‡	100 ct	-	\$6.00
1915	Vitamin B-Complex Gummy ‡	70 ct	-	\$12.00
1017	Vitamin C ‡	100 ct	500 mg	\$6.00

Item #	Product	Packaging	Strength	Price
1706	Vitamin C ‡	100 ct	1000 mg	\$10.00
1916	Vitamin C Gummy ‡	60 ct	250 mg	\$12.00
1383	Vitamin D ‡	100 ct	400 iu	\$6.00
1390	Vitamin D ‡	100 ct	1000 iu	\$6.00
1973	Vitamin D ‡	100 ct	5000 iu	\$10.00
1391	Vitamin E, Soft Gels ‡	100 ct	100 iu	\$6.50
1384	Vitamin E, Soft Gels ‡	100 ct	400 iu	\$8.50
1419	Zinc Chelated ‡	100 ct	50 mg	\$6.50
<b>Wart Remover</b>				
1288	Dr. Scholl's Wart Removal System	20 ct	-	\$10.00
1075	Wart Remover, Liquid	9 ml	17%	\$9.00
1289	Wartners Wart Removal System	1 ct	-	\$13.00
<b>Weight Loss</b>				
1735	Vitafusion Fiber Weight Management ‡	90 ct	-	\$16.00

# Order Guidelines



## ORDER BY MAIL

You may place your order by mailing in the order form that comes with your catalog.

**If the end of the benefit period is approaching and you do not think your order form will be received in time, you may call in your order.**



## ORDER BY PHONE

If you have questions or would like to place an order over the phone, OTC Advocates are available Monday – Friday from 8:00 a.m. to 11:00 p.m. EST at **1-855-422-0039** (TTY: 711).

- For delivery, please allow 7 - 10 business days from the time your order is placed.
- Your order total will be applied to the benefit period in which the order is received.
- If you place your order using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on June 29th, but we receive it on July 1st, your order total will be applied to your July (or third quarter) benefit, not your June (or second quarter) benefit.
- **If you're getting close to the end of the quarter and you do not think your order form will be received in time, you can call in your order.**
- We encourage you to use your full quarterly benefit amount in one order.
- Your order total may not exceed your quarterly benefit amount. Cash, checks, credit cards or money orders are not accepted under this OTC benefit.
- Orders may only be placed by the member, an authorized representative verbally approved by the member at time of the order, and/or the member's authorized representative on file.
- Items in the 2019 OTC catalog may change throughout the year. For the most up-to-date listing of OTC products available, go to [www.chooseultimate.com](http://www.chooseultimate.com).
- If you disenroll from Ultimate Health Plans, your OTC benefit will automatically terminate.

# Notices

- Your benefit allows \$105 every three months for a total yearly benefit of \$420. The benefit amount does not roll over from quarter to quarter. You pay \$0 copay for covered OTC items, medications and products up to the available benefit limit each quarter. Our plan even covers the cost of mailing the items to you!
- OTC products are intended for member use only to help with a health or medical need. Ultimate Health Plans prohibits the use of this benefit to order OTC items for family members and friends.
- Due to the personal nature of these products, returns are not accepted. If an item is damaged during shipping, it will be exchanged for an identical item, at no cost, within 30 days of purchase.
- OTC items are available through home delivery only. Products may not be purchased at a local retail pharmacy or through any source other than the Ultimate OTC benefit channels listed above.
- This information is available for free in alternate formats. Please call our customer service number from Monday - Friday from 8:00 a.m. to 11:00 p.m. EST at **1-855-422-0039 (TTY: 711)**.

*Ultimate Health Plans is an HMO plan with a Medicare contract. Enrollment in Ultimate Health Plans depends on contract renewal. This information is not a complete description of benefits. Contact the plan for more information.*

*Discrimination is Against the Law. Ultimate Health Plans complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex.*

*ATENCIÓN: Si habla español, tiene a su disposición servicios gratuitos de asistencia lingüística.*

*Llame al **1-888-657-4170 (TTY: 711)**. ATANSYON: Si w pale Kreyòl Ayisyen, gen sèvis èd pou lang ki disponib gratis pou ou. **1-888-657-4170 (TTY: 711)**.*

*\* Part B/D - Under certain circumstances some items may be covered under either Part B or Part D. When you are eligible to receive these items under Part B or Part D you may not purchase these items through your Part C supplemental OTC benefit. For your convenience, we've marked these items with an (\*).*

*‡ Dual-purpose items are medicines and products that can be used for either a medical condition or for general health and well-being. In order to purchase these items under your plan, your personal physician must recommend them to you for a specific diagnosed condition. Please speak to your physician before ordering these items.*

*§ Scales are only available to members with congestive heart failure or liver disease in order to monitor weight changes. Scales are not allowable for other conditions or diseases. Please discuss with your healthcare provider before ordering.*



**ULTIMATE**  
HEALTH PLANS

Good health is where you live.

[www.chooseultimate.com](http://www.chooseultimate.com)





Good health is where you live.

# 2019 OVER-THE-COUNTER (OTC) PRODUCT ORDER FORM

## STEP 1 - COMPLETE YOUR INFORMATION BELOW

Member ID (found on plan member ID card)

Date of Birth   /   /

First Name

Last Name

MI

Street Number

Street Name

Apt/Suite #

City

State

Zip Code     -

Daytime Phone    -    -

Email (Optional)

Please check box if this is a new address

## STEP 2 - PRODUCT SELECTION

Cash, checks, credit cards or money orders are not accepted under this OTC benefit.

Item #	Product	Quantity	Unit Price	TOTAL
1	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>
2	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>
3	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>
4	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>
5	<input type="text"/>	<input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>	\$ <input type="text"/> <input type="text"/> . <input type="text"/>

Subtotal from Other Side \$   .

Total Order \$   .

Please mail this completed form to the following address:  
 OTC Servicing Center, PO Box 267067, Weston, FL 33326-9895

Your benefit allows \$105 every three months for a total yearly benefit of \$420. The benefit amount does not roll over from quarter to quarter. You pay \$0 copay for covered OTC items, medications and products up to the available benefit limit each quarter.

If you place your order using an order form, your order total will be applied to the quarter in which we receive your form. For example, if you mail your order form on June 29th, but we receive it on July 1st, your order total will be applied to your July (or third quarter) benefit, not your June (or second quarter) benefit.

## STEP 2 - PRODUCT SELECTION (Continued)

Cash, checks, credit cards or money orders are not accepted under this OTC benefit.

Item #	Product	Quantity	Unit Price	TOTAL
6	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
7	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
8	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
9	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
10	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
11	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
12	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
13	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
14	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
15	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
16	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
17	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
18	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
19	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>
20	<input style="width: 100%;" type="text"/>	<input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>	\$ <input style="width: 20px;" type="text"/> . <input style="width: 20px;" type="text"/>

**Subtotal** \$ .